



LANGEBAAN ATHLETICS

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Press Release West Coast Street Mile Series 2023

01 May 2023

Langebaan Athletics Club is delighted to announce that we will be hosting the West Coast Street Mile Series in the streets of Langebaan. It will be a first for the West Coast and will span over five Saturdays, beginning on the 27th of May, 17th June, 24th June, 1st of July and the Grand Finale on the 8th of July 2023. The Street Mile Series is literally as stated. Participants will run over a mile over a series of Saturday's, to be crowned the West Coast Street Mile Champion. This event has been approved by Boland Athletics and the Saldanha Bay Municipality and it is run in accordance with Athletics South Africa (ASA) and Boland Athletics rules. There will be R56 000 prize money up for grabs as well.

The age group categories vary from 9 years old till master athletes up to 70+. All clubs and schools are more than welcome to compete. School athletes must run in their school attire and clubs in their club running gear with a 2023 ASA licence number. Entryfees for the school athletes and junior clubathletes is R30,00 and for senior and masters clubathletes R40,00 per event. The school with the most entries in the series will get a R3500,00 cash and a trophy, and the best athletics club win a trophy and bragging rights for 2023. In each age category the 3 best athletes will be crowned with prizemoney and a specially made winners medal. All winners will boast with new records for the first and historically West Coast Street Mile Series 2023.

Langebaan Athletics club is a local athletics club whose mission is the development of athletics in the West Coast district. They cater for the young and the old, the fit and the unfit and compete in roadrunning, track and field (juniors and masters) and cross-country.

If you require any further information regarding the event, please do not hesitate to contact Christopher Rodgers on 073 232 0046 or Leroy Jacobs 0839289827, or send a mail to langebaanac12@gmail.com or visit our website www.langebaanathleticclub.co.za

Langebaan Athletics Boland Athletics Saldanhabay Municipality Rural & Para Athletix Academy
Langebaan Country Estate Weslander Langebaan Spar Printeq

Kind Regards
Christopher Rodgers
Chairman
Langebaan Athletics Club

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